



# 4-H Super Saturday

January 24, 2015

WSU Extension Education Center  
600 128th Street SE  
Everett, WA 98208  
425-357-6044

Super Saturday is day of fun, hands-on workshops for youth, parents and leaders. This educational day is for everyone, 4-H membership is not required to participate!

- Registration cost is \$5 per person or \$20 per family
- Registration is due by January 16, 2015
  - Register early – classes will fill quickly!
  - Late registrations will be assigned classes on a space available basis
  - Please register one person per form. Photocopies are acceptable.
- Please read class descriptions carefully. Some classes are designed for specific ages.
- Parents must stay with children under the age of 8.

## Schedule

8:30 a.m. – Registration  
9:00 – Welcome  
9:30-10:30 – Session A  
10:40-11:40 – Session B  
11:40-12:15 – Lunch  
(Bring your own)  
12:15-1:15 – Session C  
1:25-2:25 – Session D

Make checks payable to:  
4-H Council

Mail registration form to:  
WSU/4-H Super Saturday  
600 128th Street SE  
Everett, WA 98208

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ (Emergency Phone Number) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Club Name \_\_\_\_\_

Parent's Email \_\_\_\_\_

☐ Adult ☐ Youth Child's Age \_\_\_\_\_ 4-H Member ☐ Yes ☐ No

When selecting your classes, number your choices 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> in each section.  
Class assignments based on this ranking; first choices may no longer be available.

Registration: 8:30 a.m. Welcome and Announcements: 9:00 a.m.

Session A 9:30 am to 10:30 am	Session B 10:40 am to 11:40 am	Session C 12:15 pm to 1:15 pm	Session D 1:25 pm to 2:30 pm
<b>Cancelled</b>	<input type="checkbox"/> Class is FULL	<input type="checkbox"/> Nature <b>Class is FULL</b>	<input type="checkbox"/> (class) <b>Class is FULL</b>
<input type="checkbox"/> Upcycling Jean Bags (2 hour class) **Participants to bring supplies listed in class description**		<input type="checkbox"/> Watercolor <b>Class is FULL</b>	
<input type="checkbox"/> Informational Posters	<input type="checkbox"/> Music & Dance	<input type="checkbox"/> <b>Cancelled</b>	<input type="checkbox"/> Intro to Model Horses
<input type="checkbox"/> Tractor & Motorcycle Engines (2 hour class)		<input type="checkbox"/> Needle Felting (2 hour class)	
<input type="checkbox"/> Edmodo Based Record Books (2 hour class)		<input type="checkbox"/> Record Book - Basics	<input type="checkbox"/> Edmodo Record Books for Leaders

Cooperating agencies: Washington State University, U.S. Department of Agriculture and Snohomish County. Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension Office.

# Super Saturday Class Descriptions

January 24, 2015

## Session A – 9:30 a.m. to 10:30 a.m.

### **Quality Assurance 101**

1 hour/Everyone (youth 8+)

Instructor: Beth Morrison

The class will be a brief overview of Quality Assurance and why it is important to producers.

We will be discussing in detail the (GPP's) that make up Quality Assurance program as well as how Quality Assurance classes are on record

keeping, food safety and a quality product at harvest. Focus will be on beef, sheep, swine and meat goats.

**Cancelled**

### **Upcycling Jean Bags**

2 hours/Everyone (youth 8+)

Instructor: Marianne Hardy

Upcycle jeans into a purse or bag – using old jeans to make something new. Participants can also wrap jean strips around picture for a new look and then embellish them as you want. Supplies for embellishing will be provided.

**\*\*Participants need to bring sewing machine w/power cord, basic sewing supplies, scissors, thread, pins and needles\*\***

### **Making Informational Posters**

1 hour/Everyone

Instructor: Doug Ballard

Learn the difference between an informational poster and an educational display. Receive tips on selecting topics and the dos and don'ts of design. Discover the keys to a blue ribbon poster.

### **How Does That Engine Look Inside?**

2 hours/Everyone (youth 8+)

Instructor: George Simmons & Mike Weigand

Come explore how engines work with a complete disassembly of a motorcycle and a tractor engine. Learn proper use of hand tools, organizational skills by separating and containing small parts, and cleaning and storing tools properly.

### **The Edmodo-Based 4-H Record Book**

2 hours/Everyone

Instructor: Lynette Bikos

Wish Record Booking felt more like Facebook and less like homework? The Edmodo-based Record Book is in social-media (but secure!) format that allows interaction between 4-H members and leaders. 4-Hers complete RB "assignments," can view club/project calendars, can post to the Wall, and can take surveys and quizzes! We'll get you set up with your own account (make sure you have your parents' permission and an email address), have you complete the first few RB assignments, teach you where to find RB resources like "add sheets," and guide through expectations for club/county RB judging.

**Session B – 10:40 a.m. to 11:40 a.m.**

**Let's Prepare a Disaster Preparedness Kit for Your Car and Your Pet!**

1 hour/Everyone

Instructor: Janice Saulewicz

This workshop will demonstrate how to create Disaster Preparedness kits for your car and how to

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**CLASS IS FULL**

redness kits for your car and how to  
from FEMA, American Red Cross, the  
nt will be used. Actual Disaster

Preparedness kits will be shown. Brain storming sessions will be used to start creation of individual kits.

**Musical Games and Dances**

1 hour/Everyone

Instructor: Bryan K. Stratton

Singing games and dances for all ages. Learn musical concepts and listening skills through challenging movement activities and musical games.

**Session C – 12:15 p.m. to 1:15 p.m.**

**Nature Photography**

2 hours/Youth 10-18

Instructor: Kevin Zobrist

Learn tips and techniques for taking good quality nature photos. We'll talk about camera settings,

composition, lighting, and

Bring your digital camera

shoot" camera works just

**CLASS IS FULL**

light conditions, and post-processing.

OT need a fancy DSLR. A "point and

mal but it will work in a pinch. Most of

this workshop will be outdoors, so dress for the weather and bring an umbrella if needed (to protect camera gear).

**Pen and Ink with Watercolor**

2 hours/Youth 6+

Instructor: Bonnie Johnson

In this workshop students

together. Drawing an ima

the essentials of the med

**CLASS IS FULL**

ms of watercolor and pen and ink

watercolor. Each student will learn

and ink with watercolor work of art.

**Musical Games and Dances**

1 hour/Everyone

Instructor: Bryan K. Stratton

Singing games and dances for all ages. Learn musical concepts and listening skills through challenging movement activities and musical games.

**Needle Felting**

2 hours/Everyone

Instructor: Fiber, Feathers & Friend 4-H Club

Learn to make a needle felted animal using felted balls, various fibers and your imagination.

**Record Book Basics (paper or computer books)**

1 hour/Everyone

Instructor: Lynette Bikos

Do you groan when you hear the words "Record Book check?" Strategize about how to keep your paper or computer record book interesting and rewarding. Learn how to do the essentials and how your book is scored. If you have a laptop, bring it or a flash drive to save your work. Everyone is welcome to join this class – youth, parents, and leaders.

## **Session D – 1:25 p.m. to 2:25 p.m.**

### **Intro to Model Horses**

1 hour/Everyone

Instructor: Theresa Smith

Introduction to the world of model horses. This workshop will cover the model horse program expectations and the show experience. Everyone is welcome, primaries to adults.

### **Edmodo Record Books for Leaders**

1 hour/Leaders & Adults

Instructor: Lynette Bikos

The Edmodo Record Book offers many of the same benefits as the traditional RB, but its social-media (but secure!) format allows interaction between youth and adults that may *enhance* RB completion. Additionally, this education program allows for wall posts, club/program calendars, quizzes (practice for Quiz Bowl!), surveys (find out what youth want to do at the Winter Party?), and "resource libraries." Parents and leaders, come learn the strategies and technicalities of implementing the Edmodo-based RB in your club or program. We'll get you set up with a teacher/leader account, help you practice interacting with 4-H members, and guide you through expectations for club/county RB judging.